RULES FOR CLOTHING OUTSIDE OF YOUR BUNKHOUSE:



CAMP MASHIACH MODESTY POLICY FOR <u>ALL</u> ATTENDEES

Modesty will prevail in all clothing matters. Likewise, any questionable slogans, graphics, or <u>any</u> political statements on clothing will not be **allowed.** It will be the judgment of an adult staff member to determine what is inappropriate. For safety, everyone will wear closed-toed shoes during all activities.

How we carry ourselves and what we wear is always based on how we view ourselves. What we wear is an expression of that. It is okay to have high self-esteem and confidence in what you wear. However, a problem comes when what you wear becomes a stumbling block and a distraction to others around you. Yes, distractions are everywhere and are inevitable, but the Scripture strongly warns us not to be a stumbling block for anyone else. "Woe to the world because of stumbling blocks! For it is necessary that stumbling-blocks come, but woe to that man by whom the stumbling-block comes!" Matthew 18:7

At Camp Mashiach, we have rules to limit those stumbling blocks and distractions so that everyone who is a part of Camp can see the LORD working in their life.

- *Gentlemen:* Please do not bring the shirt that gets a laugh at someone else's expense or has a slogan that represents something less than honorable. Always pull up your pants, and wear a belt. Sagging pants are not allowed.
- <u>Ladies</u>: Please remember these tips on modesty: *If you have trouble getting into it or out of it, it is probably not modest. If you have to be careful when you sit down or bend over, it is probably not modest. If people look at any part of your body before looking at your face, it is probably not modest. If you can see your most private body parts through or under the fabric, it is probably not modest. Leave your form-fitting shirts, low-cut tops, and spaghetti straps, and skin-tight pants at home. Exposed bras/bralettes are not acceptable.*
 - \circ $\;$ Ladies, please note the following:
 - Leggings/Yoga Pants are only acceptable to wear in the following circumstances:
 - You are wearing a dress/tunic/long shirt over them that is long enough to cover your hips & behind.
 - You are wearing looser athletic shorts over them.
 - For looser athletic shorts that may show a little more when sitting, we request that you wear bike shorts/compression shorts under the looser shorts to maintain modesty.
- <u>Everyone</u> will wear a dark t-shirt at co-ed swimming/water events.

<u>Camp Mashiach is very serious about this.</u> If there is a person in the camp who is doing something or *wearing* something detrimental to the wellbeing of someone else, we will not hesitate to escort you out of the camp. The next verse in Matthew says this: "And if your hand or your foot causes you to stumble, cut it off and throw it from you. It is better for you to enter life lame or crippled, rather than having two hands or two feet, to be thrown into the everlasting fire." Matthew 18:8